

Parent's Help Centre

Welcome all parents! In here you will find a variety of resources to assist you in raising your children. Not all are Christian in nature, but all can be helpful.

<u>Surf in Safety!</u>	Programs to protect you and your children while you are on the Internet
<u>Pray for Your Children</u>	A list of Scriptures to reflect on while praying for your kids
<u>Focus on the Family</u>	Dr. James Dobson and his ministry have a strong focus on family values and lots of good parenting and family information. (<u>Click here for the Canadian site.</u>)
<u>Christian Education Links</u>	Links to web sites with lots of information about Christian and Educational topics

LOCAL SUPPORT DIRECTORY (All calls local in the Calgary area)

24 hour Crisis and Distress lines:

Calgary's Parents Anonymous Stress Line -	(403) 265-1117
Community Resource Team -	(403) 299-9699
Distress/Drug Centre -	(403) 266-1605
Airdrie Emergency Services-	(403) 912-2176

Counseling (Family, Individual, and Marriage)

Calgary Family Service Bureau -	(403) 233-2370
Pastoral Institute -	(403) 265-4980

Alcoholism/Drug abuse hotlines:

Alcoholics Anonymous -	(403) 777-1212
Narcotics Anonymous-	(403) 569-3427

Education:

Alberta Learning (Calgary Regional Office) -	(403) 297-6353
Alberta Advanced Ed. and Career Development -	1-800-661-3753
Calgary Board of Education -	(403) 294-8211